

Nudgee Beach Environmental Education Centre

Curriculum Activity Risk Assessment

Activity Details

CARA Creation Date: 26-Jan-2026			
Activity:	Bushwalking		
Activity Scope:	<p>Guideline review date: 24 September 2025</p> <p>This guideline demonstrates the minimum safety standard for student participation in bushwalking in mainly natural areas during daylight hours as an activity to support curriculum delivery.</p> <p>The Department of Education is committed to ensuring that curriculum activities are planned for and managed in accordance with the Work Health and Safety Act 2011 (Qld), to ensure, as far as is reasonably practicable, the safety of students, staff and others.</p> <p>When bushwalking on unclassified tracks, schools use the CARA planner (including the CARA risk matrix) in conjunction with the Track Class descriptions to inform the risk level of the activity.</p> <p>Depending on the scope of this activity, other risk assessments may be required when planning. Curriculum activities encompassing more than one CARA guideline (e.g. bushwalking while camping) must comply with the requirements of all CARA guidelines appropriate to the activity.</p> <p>Schools should consider conducting this activity at a Department of Education Outdoor and Environmental Education Centre (OEEC) and consult with OEEC centre staff for risk assessment requirements.</p> <p>For activities conducted at a non-Department of Education venue, and/or when engaging external expertise, request written risk assessment advice and attach it to this CARA record. For activities conducted off-site, schools must comply with the school excursions procedure.</p>		
Guidelines:	https://education.qld.gov.au/curriculum/stages-of-schooling/CARA/activity-guidelines/bushwalking		
Activity Description:	<p>Bushwalking is involved in many of our off-site programs. -Walking along and beside the Mangrove Boardwalk. Walking to and from the Centre to Nudgee Beach.</p> <p>Walking along Nudgee Beach Foreshore and in the intertidal zone at low tide. Walking along tracks at Boondall Wetlands.</p> <p>Bush to Beach, Cert 11 Eco Course and Duke of Edinburgh specialised programs - Bushwalking on Class 1-3 tracks in Conservation National Parks within South-East Queensland -</p>		
Inherent Risk Level:	Medium		
Inherent Risk Level Description:	<p>Class 1:</p> <ul style="list-style-type: none">Tracks provide opportunities for a large number of visitors, including those with reduced mobility, to traverse the natural environment easily. They provide high level of interpretation and facilities. Steps allowed only with ramp access. Users need no previous experience and are expected to exercise normal care regarding their personal safety. <p>Class 2:</p> <ul style="list-style-type: none">Tracks provide opportunities for large numbers of visitors to walk easily in natural environments. They provide moderate to high level interpretation and facilities. They are generally on low gradients. Users need no previous experience and are expected to exercise normal care regarding their personal safety. <p>Class 3:</p> <ul style="list-style-type: none">Tracks provide opportunities for visitors to walk in slightly modified natural environments requiring a moderate level of fitness. They provide low level of interpretation and facilities. Users need no bush walking experience and a minimum level of specialised skills. Users may encounter natural hazards such as steps and slopes, unstable surfaces and minor water crossings. They are responsible for their own safety.		
Start Date:	Thursday, 01 January, 2026	End Date:	Thursday, 31 December, 2026

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On School Grounds:	No	Is parental permission required for this activity?	Yes
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Activity Requirements

- If any requirement cannot be met, the activity must not occur.
- A registered teacher must be appointed to maintain overall responsibility for the activity.
- Teachers, in collaboration with other adult supervisors of the planned activity, determine additional risks, hazards and control measures relevant to the activity and the specific school/group circumstances in order to lift the safety standard above the minimum identified in the CARA guideline.
- Consult review comments from previous CARA records to improve safety standards based on the advice from the previous supervisors of the activity at the school.
- Prior consultation and collaboration with local expertise (e.g. [Department of the Environment, Tourism, Science and Innovation](#) [for track closures] and [Queensland Fire Department](#)) is required for local advice, emergency support mechanisms and additional supervision requirements to ensure participant and public safety.
- Permission/permits are required to be obtained from land managers (e.g. [Queensland National Parks](#), local councils or private landholders), if applicable.
- Reference to [Australian adventure activity standard](#) and [bushwalking Australian adventure activity good practice guide](#) is required when planning this activity.



Students

- Schools must consider age, maturity and skill level of students when planning curriculum activities.
- Adjustments are required for [students with disability](#) to support access and participation in the curriculum. Consult with the parents/carers of students with disability, or when appropriate the student, to ensure risks related to their child's participation in the activity are identified and managed.
- Schools must consult current student medical information and/or health plans in accordance with the [managing students' health support needs at school procedure](#). Record information about any student condition (e.g. physical or medical, such as [epilepsy](#)) that may inhibit safe engagement in the activity and include specific support measures within emergency procedures.
- For activities with students with a medical condition or disability that may impact on safety during the activity, consultation with parents is required prior to allocating supervision to determine the impact of students' medical condition or disability on safety during the activity.
- For participants with known allergies, schools must comply with the [supporting students with asthma and/or at risk of anaphylaxis at school procedure](#) and the school's [anaphylaxis risk management plan](#), including an adult supervisor of the activity with [anaphylaxis training](#).



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<p><u>Emergency and first-aid</u></p> <ul style="list-style-type: none">Emergency plans and injury management procedures must be established for foreseeable incidents (e.g. separation from group, medical emergency, thunderstorm, first aid, preventing and managing snake bites) and incorporate the advice from local authorities.Adult supervisors must have:<ul style="list-style-type: none">emergency contact details of all participants;a medical alert list and a process for administering student medicationcommunication equipment in waterproof containers suitable to conditions (e.g. two-way radio, mobile phone) and a process for obtaining external assistance and/or receiving emergency advice. Note that battery life can be impacted by weather conditions.recovery/rescue equipment suitable to the location (e.g. emergency position-indicating radio beacon [EPIRB] or personal locator beacon [PLB], flares)an appointed emergency contact (e.g. the Principal, a park ranger, or local police) who is provided with a route card listing activity details (outline of the route to be followed, the number and names of the party, the estimated time of departure/arrivalemergency shelter/protection locations and alternative routes that consider foreseeable emergencies (e.g. injury, bushfire, thunderstorm, extreme temperature, tides).Safety procedures must be determined for the location (e.g. location of first aid support and equipment, roll marking, process to rapidly communicate emergency advice to adult supervisors of impending severe events).Access is required to first aid equipment and consumables suitable to the activity for foreseeable incidents e.g. snake bandage, tick removal device.	<input checked="" type="checkbox"/>
<p><u>Induction and instruction</u></p> <ul style="list-style-type: none">Induction is required for all adult supervisors on emergency procedures (e.g. separation from group, basic first aid procedures e.g. snakes, ticks, leeches) and safety procedures (e.g. remain on the path, maintain a reasonable walking speed) and correct techniques. If the activity is conducted at an off-site facility, induction is to be informed by advice provided in consultation with expertise at the venue.Instruction is required for students on safety procedures and correct techniques (e.g. appropriate toileting procedures for the duration of the walk, sources of drinking water). Rule-reminders are to be provided throughout the activity.	<input checked="" type="checkbox"/>
<p><u>Consent</u></p> <p>Parent consent is required for all activities conducted off-site and all extreme risk level activities conducted onsite. It is strongly recommended that parent consent is obtained for high risk level activities conducted onsite.</p> <p>Parent Consent for students to visit Nudgee Beach EEC and participate in bushwalking activities is organised at the student's base school. Parent Consent is not required for university students as they are not enrolled at a K-12 school.</p>	<input checked="" type="checkbox"/>

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Risk Management Details

Supervision

Principals, in consultation with the qualified adults, make final supervision decisions for the activity that considers the local context.

Appropriate adult supervision must be provided to manage the activity safely i.e. prevent an incident from occurring and manage an incident if one were to occur, including managing emergency situations. The principal must give active consideration to the minimum standards set in the CARA guideline for the activity, the CARA planner and the risk assessment when determining the appropriate level of supervision.

The [bushwalking Australian adventure activity good practice guide](#) should be consulted for supervision ratios.

See Number of adult supervisors (below).

Participants must adhere to all rules and advice communicated by the facility operator/owner and any safety signage at the facility/location.

Before the activity, all adult supervisors:

- must be familiar with the contents of the CARA record, including the Emergency and Supervision Plans.

During the activity, all adult supervisors:

- must provide active and direct supervision – be constantly vigilant, attentive and rescue ready
- must comply with control measures from the CARA record and adapt as hazards arise.

The activity must be suspended if the conditions become unfavourable (e.g. poor visibility, extreme temperatures, thunderstorms).

Number of adult supervisors

Principals, in consultation with the qualified adults of the activity, determine the final number of supervisors to fulfil instructional, emergency and supervision roles for the local context that consider the [bushwalking Australian adventure activity good practice guide](#), the nature of the activity, students' ages, abilities and specialised learning, access and/or health needs. In some instances, the final supervision ratio may be 1:1.

If the minimum standard for supervision cannot be met, modify the activity (or elements of it) and/or identify and use the [hierarchy of controls](#) to implement alternative control measures to meet or exceed the minimum safety standard (e.g. reduce the number of students in the group at any one time).

*See [FAQ's](#) for further support.

A Nudgee Beach staff member, who is familiar with the bushwalking locations used in programs will lead off site bushwalking activities. The class teacher will be the second adult supervisor with the class. Additional adults depending on the age and needs of students will be in attendance in a supervisory role. (Eg A class of Prep students will have more adults attending the excursion or a student requiring individual support will have their own adult support supervisor.)

Supervisor Qualifications

Qualifications support the minimum safety standard for this activity. Principals make final decisions* in determining supervisor capability (competence, relevance and currency) and whether the activity leader meets an appropriate teaching standard. *See [FAQ's for further support](#).

All adult supervisors must comply with the [working with children authority—blue cards procedure](#).

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Qualified adults for the activity	
Recovery/emergency – CPR, First aid, Rescue	
An adult with current emergency qualifications is required to be quickly accessible to the activity area. Emergency qualifications include: <ul style="list-style-type: none"> • HLTAID009 Provide cardiopulmonary resuscitation (CPR) • HLTAID011 Provide first aid • HLTAID013—provide first aid in remote situations • or equivalent competencies. 	<input checked="" type="checkbox"/>
At least one adult supervisor is:	
Medium risk level	
a registered teacher with competence (knowledge and skills) in teaching bushwalking activities	<input checked="" type="checkbox"/>
or	
an adult supervisor, working under the direct supervision of a registered teacher, with qualifications relevant to bushwalking activities from the sport, fitness and recreation training package or similar. Refer to the competencies outlined in the bushwalking Australian adventure activity good practice guide for guidance.	<input type="checkbox"/>
Each class participating in a program which includes a bushwalking activity will have a NBEEC staff member with experience, knowledge and skills in teaching bushwalking activities.	
Facilities and Equipment	
The qualified adult supervisor of the activity, in consultation with the principal, determines the requirements for facilities and equipment appropriate to the local context.	
Personal equipment for all participants required including, but not limited to:	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • individual drinking containers with each participant carrying 2–3 litres of water for each day • personal food supplies in excess of the requirements of the planned walk, including emergency rations for 24 hours more than the initial planned duration • insect repellent, sunscreen and personal hygiene items as necessary • toileting equipment (if applicable) • a bag for rubbish and • waterproof containers for all equipment that can be damaged by water. 	
All equipment must be used in accordance with the manufacturer's instructions.	<input checked="" type="checkbox"/>
A process for checking for damage for all equipment used in the activity must be established and employed.	<input checked="" type="checkbox"/>
A retirement schedule must be developed to replace equipment by manufacturers' nominated expiry date or when significant wear causes a hazard.	<input checked="" type="checkbox"/>

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Hazards and Control Measures	
Environmental hazards	
Animal bites/diseases - Stings, poisoning, infection	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Observe wildlife from a safe distance.• Instruct students not to feed wildlife and how to respond to approaching wildlife.• Adhere to established practices regarding the use of insect repellent, outlined in insect viruses and allergies.	
Environmental conditions - Weather, surrounds, surfaces	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Assess weather conditions and obtain accurate information on tides, depths, currents and other expected water conditions (if applicable) and conditions of the terrain prior to undertaking the activity, inspecting the intended location in order to identify variable risks, hazards and potential dangers (e.g. fire or flash flooding susceptibility and potential flying items during strong winds).• Follow the school's sun safety policy, including appropriate swimwear (e.g. swim shirts), sun protection (e.g. sunscreen) and shade facilities when outside.• Follow the managing excessive heat in schools guidelines when participating in very hot or extreme heat conditions.• Brief all participants on the potential hazards (e.g. thorned flora, steep slopes).• Constantly monitor surroundings for weather, terrain and wildlife hazards during the bushwalk.• Participants must wear personal protective equipment as relevant (e.g. long-sleeved shirt and pants for all weather extremes, wind and rain jacket and suitable enclosed footwear).	
Facilities and equipment	
Activity location	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Location must be suitable for the activity being undertaken. Undertake a reconnaissance of new or infrequently used locations to ascertain suitability.• Consider the geography when planning the route, to avoid walking along cliff edges (slipping hazard) and below cliff faces (falling rocks).• Plan alternative routes in case of emergency situations (e.g. bushfire, thunderstorm, extreme temperature, king tide).	
Student considerations	
Injury	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Students aware of the location of emergency and first-aid equipment.	
Physical exertion - Exhaustion and fatigue	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Conduct appropriate warm-up/cool-down activities.• Participants able to easily carry the overall backpack weight.• Establish rest stops, considering the age and fitness level of students.• Continually monitor participants for signs of fatigue and exhaustion.• Adopt system of signals to clearly communicate the need for assistance if in difficulty.• Ensure drink breaks occur regularly. Make water available for individual participants between drink breaks.	

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<p>Student issues - Separation from the group, high risk behaviours</p> <ul style="list-style-type: none"> • Maintain contact between all group members through regular checks on group numbers. • Implement procedures (e.g. buddy system, roll marking mechanisms) to account for all participants before, during and after the activity. • Appoint designated group roles (e.g. leader, group member, tail end). • Monitor participants for cold related illness (e.g. hypothermia) in cold weather conditions. 	<input checked="" type="checkbox"/>
<p>Visibility</p> <ul style="list-style-type: none"> • Have students wear easily identifiable clothing (e.g. high visibility rash vest). • Ensure staff can easily recognise those students with health support needs and are familiar with their needs. 	<input checked="" type="checkbox"/>
<p>Additional links</p> <p>Outdoors Queensland</p> <p>Bushwalking Queensland</p> <p>Bushwalking Australia</p>	
<p>Nudgee Beach staff are familiar with walking tracks and regularly walk local tracks to maintain up to date knowledge on the condition of the tracks. For longer bush walking adventures, tracks will be walked prior to the activities being run with students to assess the current conditions of the track. NBEEC School Sun Safety Policy will be adhered to for additional sun and fatigue management strategies.</p>	

Staff/Other Participants			
Family Name	Given Name	Type	Other Participants Role
Aldridge	Lynda	Staff Member	N/A
Deeks	Melinda	Staff Member	N/A
Fabila	Chris	Staff Member	N/A
Hockey	Cheralie	Staff Member	N/A
Kemp	Chloe	Staff Member	N/A
Kerr-Hislop	Allison	Staff Member	N/A
Myers	Sharon	Staff Member	N/A
Newham	Olivia	Staff Member	N/A
Splatter	Lacey	Staff Member	N/A
Walker	Kent	Staff Member	N/A
Kelly	Sarah	Other Participant	TRS Teacher
Keough	Rosemary	Other Participant	TRS Teacher
Matthews	Anouk	Other Participant	TRS Teacher
Youngman	Lou	Other Participant	TRS Teacher

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Planning Considerations

Which students will be involved?

- Consider the number of students, size of student groups and students' capabilities e.g. age, experience, competence, fitness, maturity.
- Consider any individual student needs e.g. personalised learning, support provisions (including behaviour support plans), health management (including health plans and prescribed medication requirements).

Where will the students be?

- Consider the location of the activity e.g. remote/easily accessible, public /private, school/classroom/workshop/other.
- Is the number of students appropriate for the available space?
- If outdoors – sunsafe strategies are implemented; weather and environmental conditions are assessed before and during activity (e.g. temperature, storms, water currents, tides); and strategies to reduce the likelihood of viruses, allergies and skin infections caused by insects (e.g. ticks, mosquitoes, spiders) and other animals are applied.
- The site is checked for hazards (e.g. poisonous plants, dangerous animals, uneven terrain, barbed wire,) and necessary controls implemented.
- Activities are appropriately situated in relation to buildings, pedestrians, members of the public, vehicles and other activities e.g. designated areas for activity, spectators and vehicles are established.

What will the students be doing?

- Consider the nature and duration of the activity i.e. need for drinking water, food, rest, appropriate clothing, warm-up and warm-down.
- Instruction in rules and pre-requisite skills is provided.
- Student skills are developed in a progressive and sequential manner.
- First aid and emergency medical treatment provisions are appropriate for the type of activity and location e.g. first aid kit, first aid trained personnel, Ventolin®, Epipen®, and students' personal prescribed medications as required in health plans are available.
- Emergency response strategies are in place e.g. communication plans (e.g. mobile phone, walkie talkie), safety induction, evacuation plans.
- Hair, clothing, footwear and jewellery are worn in a manner that is appropriate and safe for the activity.
- Personal items, e.g. drink bottles, towels and mouthguards, will not be shared between students.

What will the students be using?

- Instruction in safety procedures and safe handling of equipment is provided.
- Equipment is suitable for the activity, properly maintained, appropriately used and complies with the relevant safety standard.
- [Relevant department procedures and guidelines](#) are adhered to for the use of equipment and work processes.

Who will be leading the activity?

- A registered teacher has overall responsibility for the activity.
- Sufficient adult supervision is in place to manage the activity safely (including in emergency situations).
- The activity leader has the competence (knowledge and skills) to plan, induct, instruct and manage the activity safely for students and others.
- There are sufficient adults present with current First Aid qualifications (including CPR) or ready access to qualified first aid personnel.
- Blue Card requirements are adhered to for leaders/volunteers.

I have incorporated the above factors when planning my risk management strategies for this activity.

Additional activity-specific requirements for students with specialised learning needs are provided in the Other Details box below.

Nudgee Beach EEC has two all-terrain wheelchairs (one with large wheels for use on the beach) to provide students with mobility issues access along walking tracks and the beach.

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Monitor and Review

The section of the Mangrove Boardwalk at the mouth of Nudgee Creek has been closed for 2024 and 2025 awaiting maintenance. A sand path to the side of the wooden boardwalk in the mangroves has been created to bypass the wooden deck section which is closed, enabling the full circuit to be completed safely. This CARA is renewed annually.