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| **Achievement Standards - Health and Physical Education** | **NOTES** |
| [**By the end of Year 6, students explain how different factors influence identities.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**They propose strategies to manage emotions, developmental changes and transitions.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**They propose strategies to demonstrate respect, empathy and inclusion.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**They explain how stereotypes influence roles and responsibilities.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**Students explain how communication skills, protective behaviours and help-seeking strategies keep themselves and others safe online and offline.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**They analyse health information to refine strategies to enhance their own and others’ health, safety, relationships and wellbeing.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**Students refine and modify movement skills and apply movement concepts across a range of situations.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**They transfer movement strategies between situations and evaluate the impact on movement outcomes.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**Students propose strategies to promote physical activity participation that enhance health, fitness and wellbeing.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0)[**They describe contributions they can make as a group and team member to support fair play and inclusion across a range of movement contexts.**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6?view=quick&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0) |  |
| **Content Descriptions - Health and Physical Education** |
| **Personal, Social and Community Health** | Interacting with others | **Describe and demonstrate how respect and empathy can be expressed to positively influence relationships (**[**AC9HP6P04**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/content-description?subject-identifier=HPEHPEY56&content-description-code=AC9HP6P04&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)**)*** *Exploring and performing different roles and responsibilities in physical activities that promote enjoyment, safety and positive outcomes for all participants.*
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| **Movement and Physical Activity** | Learning through movement | **Predict and test the effectiveness of applying different skills and strategies in a range of movement situations (**[**AC9HP6M07**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/content-description?subject-identifier=HPEHPEY56&content-description-code=AC9HP6M07&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)**)*** ***Predicting and systemically testing a range of solutions to unfamiliar movement challenges to find out which solution is most appropriate or effective.***
* ***Adapting movement skills and strategies from other contexts to generate creative solutions to unfamiliar movement challenges when participating in outdoor activities.***

**Participate positively in groups and teams by contributing to group activities, encouraging others and negotiating roles and responsibilities (**[**AC9HP6M09**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/content-description?subject-identifier=HPEHPEY56&content-description-code=AC9HP6M09&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)**)*** ***Demonstrating negotiation skills when dealing with conflicts or disagreements in movement situations.***
* ***Using reflective listening and assertive communication when working in small groups on movement tasks or challenges.***
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| **General Capabilities** |  | **Cross-Curriculum Priorities** |
| **Critical and Creative Thinking** | **Generating*** [**Put ideas into action**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/general-capability-snapshot?subject-identifier=HPEHPEY56&content-description-code=AC9HP6M07&general-capability-code=CCT&element-code=CCTGEN&sub-element-index=0&sub-element-code=CCTGENC&elaboration-code=AC9HP6M07_E1&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)
* [**Create possibilities**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/general-capability-snapshot?subject-identifier=HPEHPEY56&content-description-code=AC9HP6M07&general-capability-code=CCT&element-code=CCTGEN&sub-element-index=0&sub-element-code=CCTGENA&elaboration-code=AC9HP6M07_E2&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)
 | **Aboriginal and Torres Strait Islander Histories and Cultures** | **Culture****First Nations Australians’ ways of life reflect unique ways of being, knowing, thinking and doing.****The First Peoples of Australia (Aboriginal Peoples) belong to the world’s oldest continuous cultures. First Nations Australians demonstrate resilience in the maintenance, practice and revitalisation of culture despite the many historic and enduring impacts of colonisation, and continue to celebrate and share the past, present and future manifestations of their cultures.** |
| **Personal and Social Capability** | **Social management**Level 4 (Years 5-6)select and use strategies to monitor own learning and refine goals to plan for further improvement* **Communication**
* [**Collaboration**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/general-capability-snapshot?subject-identifier=HPEHPEY56&content-description-code=AC9HP6M09&general-capability-code=PSC&element-code=PSCSOM&sub-element-index=0&sub-element-code=PSCSOMB&elaboration-code=AC9HP6M10_E2&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)
* **Leadership**
* [**Decision-making**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/general-capability-snapshot?subject-identifier=HPEHPEY56&content-description-code=AC9HP6M09&general-capability-code=PSC&element-code=PSCSOM&sub-element-index=0&sub-element-code=PSCSOMD&elaboration-code=AC9HP6M10_E3&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)
* [**Conflict resolution**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/general-capability-snapshot?subject-identifier=HPEHPEY56&content-description-code=AC9HP6M09&general-capability-code=PSC&element-code=PSCSOM&sub-element-index=1&sub-element-code=PSCSOME&elaboration-code=AC9HP6M10_E2&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)

**Self-awareness*** [**Reflective practice**](https://v9.australiancurriculum.edu.au/f-10-curriculum/learning-areas/health-and-physical-education/year-6/general-capability-snapshot?subject-identifier=HPEHPEY56&content-description-code=AC9HP6M09&general-capability-code=PSC&element-code=PSCSEA&sub-element-index=0&sub-element-code=PSCSEAC&elaboration-code=AC9HP6M10_E3&detailed-content-descriptions=0&hide-ccp=0&hide-gc=0&side-by-side=1&strands-start-index=0&subjects-start-index=0&view=quick)
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| **Sustainability** | **Systems*** **All life forms, including human life, are connected through Earth’s systems (geosphere, biosphere, hydrosphere and atmosphere) on which they depend for their wellbeing and survival.**
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